Walk for your Health Information

- -All walks start at 9:00 AM
- -During Inclement weather, walks are held at the Mall of New Hampshire
- -Fill out mile sheet weekly
- -Every mile walked = 1 raffle ticket entered into end of the year raffle.



2017 Spring Schedule

Mon	17-Apr	Livingston Park	Mon	22-May	Nutts Pond
Wed	19-Apr	Livingston Park	Wed	24-May	West Side Ice Arena
Fri	21-Apr	Livingston Park	Fri	26-May	River Walk
Mon	24-Apr	West Side Ice Arena	Mon	29-May	Cullerot Park
Wed	26-Apr	Cullerot Park	Wed	31-May	Lake Massabesic
Fri	28-Apr	Lake Massabesic	Fri	2-Jun	Pine Grove Cemetery
Mon	1-May	Man/Goffstown	Mon	5-Jun	Man/Goffstown
Wed	3-May	Memorial High School	Wed	7-Jun	Memorial High School
Fri	5-May	Pine Grove Cemetery	Fri	9-Jun	Massabesic Ball Park
Mon	8-May	River Walk	Mon	12-Jun	Cullerot Park
Wed	10-May	Stark Park	Wed	14-Jun	Stark Park
Fri	12-May	Comcast	Fri	16-Jun	Brookside Church
Mon	15-May	Brookside Church	Mon	19-Jun	Camp Carpenter
Wed	17-May	Camp Carpenter	Wed	21-Jun	Man/Goffstown
Fri	19-May	Massbesic Ball Park	Fri	23-Jun	West Side Ice Arena
					-

Contact Information

Manchester Parks and Recreation:

Erik Bukowski <u>ebukowski@manchesternh.gov</u> 603-792-5349